Jargon Buster

Instant messaging and Chat Rooms:

A way of exchanging typed messages with a friend or group of friends over the internet, similar to sending text messages from mobiles. Chat rooms are accessed by people all over the world and can view all typed messages

Forums:

Newsgroups, Forums, Communities and Clubs are discussion groups on the internet. Unlike chat rooms, users do not communicate 'live', but post messages to each other on a particular topic. They are potentially open to abuse, for example, through people posting illegal material.

Social networking:

Websites that allow people to keep in contact with friends and use a range of different media and applications for example photos, videos and music.

Peer-to-peer file sharing [P2P]:

File sharing networks over the Internet that allow people to exchange photographs, videos, music and games by directly connecting to each other's computers.

Mobile technology:

Mobile phone internet access is filtered by the network providers for under 18s. However, children/young people can still be the victims of cyber bullying by text or receive inappropriate images.

Online grooming:

Adults who want to engage children/young people in sexual or other illegal activity use the Internet to earn their trust, for example taking advantage of a desire to make 'new' friends.

Boys are just as vulnerable to these tactics as girls.

Report abuse buttons:

Many websites have a button built into their sites that allow children and young people to immediately report any behaviour that they think is suspicious and/or makes them feel uncomfortable

Further Information and Resources:



The Childnet International website gives internet safety advice and links for young people, parents, teachers, and other organisations.

Childnet's Chatdanger website, accessible from here, gives information and advice about how to keep safe while chatting online

www.childnet.com



Childnet's award winning suite of Know It All resources have been designed to help educate parents, teachers and young people

about safe and positive use of the internet. You can access the suite of resources for free at:

www.childnet.com/kia



Childnet's Digizen website provides information about using social media sites creatively and safely it shares advice and guidance on pre-

venting and responding to cyberbullying, and it houses a number of classroom resources focused on encouraging responsible digital citizenship

www.digizen.org



Childnet's Sorted website is a resource produced entirely by young people for young people and adults on the issues of internet

security. It gives important information and advice on how to protect computers from the dangers of viruses, phishing scams, spyware and Trojans

www.childnet.com/sorted



Kidsmart website contains further resources and activities including lesson plans, quizzes and a parents presentation

www.kidsmart.org.uk



The Child Exploitation and Online Protection (CEOP) Centre combines police

powers with the business sectors, government, specialist charities and other interested organisations. The website includes useful information about how to report incidents of abuse on the internet.

www.ceop.gov.uk

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The Internet Watch Foundation (IWF) website is the UK's hotline for reporting

illegal online content. It deals specifically with child abuse images hosted worldwide and criminally obscene and incitement to racial hatred content hosted in the uk. www.iwf.org.uk

Safeguarding Children and Young People on the Internet **An Internet Safety Guide** www.peterboroughlscb.org.uk

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What is it?

Children may have better technical skills than you, however children still need advice and adult protection in using the internet and mobile technologies safely. Whether they are on a computer at school, a laptop or smart TV at home, a games console or mobile phone, children and young people are increasingly accessing the internet wherever they are.

If your child understands the risks, they can get the most from the internet and stay safe whilst doing so.

This leaflet is designed to encourage you to spend some time surfing the internet yourself. The more you know about the internet, the better you will understand how your children use the internet and how you can help them to stay safe online.

Cyberbullying

New technologies provide an apparently anonymous method by which bullies can torment their victims at any time of the day or night. While the bullying may not be physical, the victim may receive an email, chat or text messages or be the target of unfavourable websites or social networking profiles that make them feel embarrassed, upset, depressed or afraid. This can damage their self-esteem and pose a

threat to their psychological well-being. For

cyberbullying see: www.digizen.org

more advice on preventing and responding to



What are the risks?

The internet opens up so many educational and social opportunities to children, giving them access to a world of information and experiences.

For most children and young people, the internet has become an integral part of their lives where they play video games, download music and videos and chat to people via social networking sites such as MySpace, Bebo, Facebook, Twitter or BBM (Blackberry Messenger).

Using the internet can also expose your children to risks such as:

- Revealing personal information and/or contact details.
- Receiving upsetting texts or e-mail messages.
- Being 'groomed' by an adult with a view to meeting a child for their own illegal purposes.
- Posting on the Internet malicious details about, or inappropriate images of, other people (cyber bullying).
- Ignoring copyright law by downloading music or video material.
- Accessing age inappropriate illegal websites or those that incite hatred or violence.

What can you do?

- Get to know your child's online habits.
 Children are inquisitive. They will look to explore the internet as much as they do the real world. Knowing the sites they go to, the people they meet there and what they do, will help to keep your child safe.
- Keep the computer in a family room where you can monitor what is going on, not tucked away in a bedroom.
- Use a general family email address when signing up to websites, not the child's specific name.
- Advise them to only text, chat or webcam to people they know and to raise concerns if they are asked to do something they are uncomfortable with.
- Help your child to understand that they should never give out personal details to online friends they do not know offline. Encourage the child to see it like giving out personal details to a stranger in the street.
- Discuss how people hide their identities on-line and the importance of never meeting new online 'friends' for real without their parents/carers permission and presence.
- Encourage them to think carefully about what photographs or videos they post online because they can be tampered with by others and never completely erased.
- Discuss the fact that taking and sending inappropriate images by mobile phone or email is a criminal offence.
- Filtering software can help to block inappropriate material but it is not 100% effective and is no substitute for good adult supervision.