

BE AWARE, STAY

## ALERT AND KEEP SAFE

You need to be aware of warning ns someone may want to exploit you:

- Trust yourself to know when something is wrong. If someone makes you feel unsafe, pressured or frightened, seek help.
- Don't trust people you don't know.
- Don't be tricked into doing things that are unsafe. What might look exciting at first could be more dangerous than you realise.
- You could be exploited by someone you met online.
- They might give you money, drugs, alcohol, gifts and then force you to do sexual things in return.
- Sexual exploitation can happen to you, no matter what your age, gender or background.
- They might try to control you, threatening you and becoming violent if you don't do what they want

If you are worried that CSE may happen to you.

Peterborough Children's Services — 01733 864180 or 01733 864170

National Society for the Prevention of Cruelty to Children 24 Hour Help line — Tel 0800 800 5000

Child Line on 0800 1111

